



A Resource Kit for Women with a Physical Disability in NSW

**Services that provide
PAP SMEAR & MAMMOGRAM**

PAP SMEARS

1) Family Planning NSW - Ashfield Centre

Address: 328 – 336 Liverpool Road, Ashfield 2131

Phone: Switchboard – (02) 8752 4300, to book appointments – (02) 8752 4316

Information:

- Wheelchair accessible premises, toilet and car parking
- Height adjustable bed
- No hoist or transfer equipment available on site. Service users are required to self transfer or bring someone to assist with transferring
- The service requests a double appointment be booked to allow sufficient time for the procedure. Let the staff know of your needs when booking the appointment

Cost: Medicare

2) Family Planning NSW – Dubbo Centre

Address: 2b 155 Macquarie Street (in the arcade, which is wheelchair accessible from rear)

Phone: (02) 6885 1544

Information:

- Wheelchair accessible premises, toilet and car parking
- Height adjustable bed
- No hoist or transfer equipment available on site. Service users are required to self transfer or bring someone to assist with transferring

Cost: Free, but service accepts donations

3) Family Planning NSW – Fairfield Multicultural Services

Address: Suite 5, Level 2, Neeta City Shopping Centre, Smart Street, Fairfield 2165

Phone: (02) 9754 1322

Information:

- Wheelchair accessible premises including lifts, toilets and car parking
- Height adjustable bed
- No hoist or transfer equipment available on site. Service users are required to self transfer or bring someone to assist with transferring
- Interpreters available on request
- Single clinician on site, so if additional assistance required for positioning, service requests that a carer also attend

Cost: Medicare

4) Family Planning NSW – Newcastle Centre

Address: 15 – 19 Queen St, Cooks Hill

Phone: (02) 4929 4485

Information:

- Wheelchair accessible premises and toilet. While there is no dedicated accessible car space, staff can reserve a space for you if you let them know your needs when booking the appointment
- Height adjustable bed
- No hoist or transfer equipment available on site. Service users are required to self transfer or bring someone to assist with transferring

Cost: No charge, voluntary payment

5) Family Planning NSW - Warehouse Youth Health Service, Penrith

Address: 13 Reserve St, Penrith NSW 2750

Phone: (02) 4721 8330

Information:

- Wheelchair accessible premises, toilet and parking
- Height adjustable bed
- No hoist or transfer equipment available on site. Service users are required to self transfer or bring someone to assist with transferring
- Pap smears for women 12 – 24 years each weekday

Cost: Medicare

6) Family Planning NSW - Illawarra Resource Centre

Address: PO Box 2158, Woonona East NSW 2517

Phone: (02) 4283 2877 or (02) 8752 4300 or Nurses Info Line at 1300 658 886.

Information:

- The Illawarra Resource Centre does not provide any clinical services
- One officer available to assist disability service providers and carers to access professional education services

7) Blue Mountains Women’s Health Centre

Address: 124 Lurline Street, Katoomba, NSW 2780

Phone: (02) 4782 5133

Information:

- Wheelchair accessible premises, toilet and parking
- Height adjustable bed
- No hoist or transfer equipment available on site. Service users are required to self transfer or bring someone to assist with transferring
- If you are not an existing patient, let them know of your needs

Cost: Medicare

8) Broken Hill Women's Health

Address: Greater Western Area Health Service, Thomas St, Broken Hill NSW

Phone: (08) 8080 1556

Information:

- Hospital building is wheelchair accessible including toilets and parking
- Request to speak with the Women's Health Nurse to discuss your needs when making an appointment
- Nearby specialist clinic has a height adjustable bed
- No hoist or transfer equipment available. Service users are required to self transfer or bring someone to assist with transferring
- Currently the service does not have capacity for home visits

Cost: Free service

9) Central West Women's Health Centre

Address: 20 Williams St, Bathurst NSW

Phone: (02) 6331 4133

Information:

- The Centre is wheelchair accessible including accessible toilet; however, there is no designated accessible parking. Service users can park in the driveway where there is a ramp to access the building. Let reception know in advance so they are able to assist you if required
- Home visits can be completed by a women's health nurse in the Bathurst area
- Height adjustable bed available
- No hoist or transfer equipment available on site. Service users are required to self transfer or bring someone to assist with transferring

Cost: Medicare

10) Grafton Base Hospital - Women's Health Nurse – Grafton Community Health

Address: Grafton Community Health Building - 175 Queen St, Grafton

Phone: Reception at 6640 2298 or Nurse at 6640 2240

Address: Maclean Community Health Building – Union St, Maclean

Phone: Reception at 6640 0123

Information:

- Wheelchair accessible building, toilets and parking
- Weekly clinics are run on Thursdays at Grafton Community Health Building.

- Height adjustable beds, with a hoist – please ring and check availability before attending
- Women's Health Nurse can do home visits in Grafton, Maclean and surrounding areas

Cost: Medicare

11)Coffs Harbour Women's Health Centre

Address: 74 Victoria St, Coffs Harbour

Phone: 6652 8111

Information:

- Wheelchair accessible building, toilet and parking
- The Centre does not currently have capacity for home visits, however, call and enquire as availability can change
- Height adjustable bed
- No hoist or transfer equipment available on site. Service users are required to self transfer or bring someone to assist with transferring

Cost: Annual fee of \$20, however pap smear service is covered by Medicare

12)Condobolin Community Health Centre – Women's Health Nurse

Address: Madline St. Condobolin

Phone: 6895 2600

Information:

- The community health centre is wheelchair accessible, with toilets and car parking.
- No height adjustable bed or hoist available
- Women's Health Nurse is able to complete pap smears in the health centre or home visits in the Condobolin LGA, around Lake Cargellico, Trundle and Parkes. Please call the nurse (above number) for more detail on home visits.

Cost: Free service.

13)Griffith Community Health Centre – Women's Health Nurse

Address: 39 Yambil St, Griffith

Phone: 6966 9900

Information:

- The Community Health Centre is a wheelchair accessible building with toilet and parking
- Height adjustable bed
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- No hoist or transfer equipment available on site. Service users are required to self transfer or bring someone to assist with transferring
- Women's Health Nurse can complete home visits in Griffith and other surrounding areas upon request. Please call above number to arrange suitable home visit

Cost: Free service.

14) Goulburn Community Health Centre – Women's Health Nurse

Address: Cnr Goldsmith and Faithful St, Goulburn

Phone: (02) 4827 3913

Information:

- The Community Health Centre is wheelchair accessible, with parking and toilets. Pap smear services, however, are not provided within the community health centre as there is no hoist or height adjustable bed
- Women's Health Nurse completes home visits for pap smears in Goulburn, Gunning and Murulan areas. These are usually done in conjunction with a community nurse, but a carer can be present if it is the client's preference
- The Women's Health Nurse also offers other women's services including support and education in issues of Domestic Violence, Sexuality, Contraception, Breast Care, Pregnancy Counseling, Menopause & Breast Cancer (in the role as McGrath Breast Care Nurse)

Cost: Free service.

15) Illawarra Women's Health Centre

Address: Building 3, 2-14 Belfast Avenue, Warilla NSW 2528

Phone: 4255 6800

Information:

- Wheelchair accessible building, toilets and parking
- Height adjustable bed
- No hoist or transfer equipment available on site. Service users are required to self transfer or bring someone to assist with transferring.
- This centre does not have capacity to offer home visits
- Discuss your specific needs with the staff at the Centre when booking your appointment

Cost: Medicare

16) Liverpool Women's Health Centre

Address: 26 Bathurst Street (cnr Campbell St), Liverpool NSW

Phone: (02) 9601 3555

Information:

- Wheelchair accessible premises, toilet and parking. Entry for parking is via the Campbell St entrance
- Height adjustable bed
- No hoist or transfer equipment available on site. Service users are required to self transfer or bring someone to assist with transferring
- No home visits available

Cost: Medicare for clinical services; \$10 for non clinical services such as acupuncture and naturopath.

17) Mt Druitt Community Health Women's Health Clinic – Women's Health Nurse

Address: Mt Druitt centre: Cnr Burren & Kelly Close, Mt Druitt (behind police station)
Parramatta centre: Jeffrey House, Marsden Street, Parramatta

Phone: (intake line): 1800 600 681

Information:

- Mt Druitt and Parramatta sites are not wheelchair accessible and do not have hoists etc
- Home visit service by Nurse Consultant in the Mt Druitt, Parramatta, Blacktown, Auburn, Holroyd, Merrylands, Hills District and surrounding areas
- To book an appointment, call the intake line, discuss your needs with the staff, leave your contact details and the nurse will return your call. An appointment will be made for a time that is convenient with you at your home
- Mt Druitt site open on Thursdays, Parramatta site open on the 2nd and 4th Tuesdays of the month

Cost: Free

18) Orange Community Health Centre - Women's Health Nurse

Address: 96 Kite St, Orange 2800

Phone: (reception) (02) 6392 8600; Orange Community Health Centre: (02) 6393 3300

Information:

- Premises are wheelchair accessible with toilets and car parking.
- Height adjustable bed

- No hoist or transfer equipment available on site. Service users are required to self transfer or bring someone to assist with transferring.
- Please discuss your needs with staff when booking the appointment.

Cost: Free

19) Penrith Community Health Centre (closed for 6 months from June 2009)

Address:

Phone: (02) 4721 8749. Call back in January 2010 to check services.

Alternatively Penrith Women's Health: 1800 222 608

Information:

- No wheelchair accessible toilet or parking on site. Building itself is otherwise accessible
- Height adjustable bed
- No hoist or transfer equipment available on site. Service users are required to self transfer or bring someone to assist with transferring
- Home visits may be able to be conducted, so check at the time of your call

Cost: Free.

20) Port Macquarie Women's Health Program

Address: Morton St, Port Macquarie NSW 2444

Phone: (02) 6588 2731

Information:

- Building is wheelchair accessible with toilets and parking
- When booking, request that the height adjustable bed is made available
- No hoist or transfer equipment available on site. Service users are required to self transfer or bring someone to assist with transferring

Cost: Free if client is on Pension/Healthcare Card.

21) Tamworth Community Health Centre – Women's Health Nurse

Address: Johnston House, Tamworth Rural Referral Hospital Campus, Dean St, Tamworth 2340

Phone: (02) 6767 8171 (if no answer, please leave a message)

Information:

- Clinic room is wheelchair accessible, with parking
- Please note that the examination table is very high and not height adjustable
- No hoist or transfer equipment available on site
- Home visits provided in the Tamworth area, Walcha, Barraba, Manilla and Nundle

Cost: Free

22) Tweed Valley Women's Health Nurse

Phone: (to book appointments) (07) 5506 7756 – may need to leave a message.

Information:

- Home visits conducted by Women's Health Nurse as clinics are not wheelchair accessible
- Districts include: Tweed Heads, Kingscliff, Pottsville, Cabarita Beach, Ocean Shores, Brunswick Heads, Byron Bay, Bangalow, Mullumbimby and Murwillumbah

Cost: Free

MAMMOGRAMS

1) BreastScreen NSW Sydney South West – Royal Prince Alfred Hospital

Address: Level 4, Sydney Cancer Centre (Gloucester House), RPA Hospital, 58 Missenden Rd, Camperdown NSW 2050

Phone: Bookings: (02) 9515 7842 or 13 20 50; General Enquiries: (02) 9515 8686

Availability: Monday, Wednesday and Friday

Information:

- Wheelchair accessible parking at the front of the Sydney Cancer Centre. A passenger can also be dropped off and then access the centre via a ramp to the ground level and the building elevators. The elevators and clinical areas have wide access doors
- There is a wheelchair accessible toilet on Level 4.
- Client will need to be able to lean forward in their chair, turn their head to one side and move their arms to enable the imaging procedures
- Clients are asked to request a double booking appointment time, and inform staff that they use a wheelchair for mobility so 2 staff can be made available to assist at this centre.

Cost: Free screening for women 40 years and over, every 2 years.

2) BreastScreen NSW Liverpool Plaza

Address: Shop 42 - Liverpool Plaza, 165 Macquarie Street, Liverpool NSW 2170

Phone: Bookings: (02) 9515 7842 or 13 20 50; General Enquiries: (02) 9515 8686

Availability: Monday to Friday, and some Saturdays

Information:

- There is free (two hour) rooftop parking at Liverpool Plaza, enter off Northumberland Street (one way street), or directly from the Macquarie Street Mall. The Plaza elevator has wide access doors and there is suitable access space within the BreastScreen centre which is located directly beside the elevator. There is a wheelchair accessible public toilet located at the Plaza
- Clients will need to be able to lean forward in their chair, turn their head to one side and move their arms to enable the imaging procedures
- Clients are asked to request a double booking appointment time, and inform staff that they use a wheelchair for mobility as 2 staff can be available to assist at this centre

Cost: Free screening for women 40 years and over, every 2 years.

3) BreastScreen NSW Northern Sydney Central Coast – Royal North Shore Hospital

Address: BreastScreen NSW, Building 51, Royal North Shore Hospital, St Leonards 2065

Phone: Bookings: (02) 9926 7236

Information:

- Wheelchair accessible parking and toilet
- Depending on wheelchair type used, the service might not be able to perform mammograms for people in a seated position. Please ring service to discuss your individual needs

Cost: Free screening for women 40 years and over, every 2 years.

4) BreastScreen NSW – Gosford Hospital

Address: BreastScreen NSW, Level 1 Medical Block, Gosford Hospital, Holden Street, Gosford 2250

Phone: Bookings: (02) 4320 5678

Information:

- Has wheelchair accessible parking and toilet.
- Able to perform mammograms for women in a seated position.

Cost: Free screening for women 40 years and over, every 2 years.

5) Breast Screen NSW Hunter New England – 2 sites

Address:

Newcastle -NBN Telethon Mater Institute, Cnr Edith & Platt St, Waratah
NSW 2298

Tamworth - 34 Dean Street, Tamworth NSW 2340

Phone: Newcastle - (02) 4985 0500, **Tamworth** - (02) 6766 1032 or (02) 6767 8260

Information:

- Both sites are wheelchair accessible, including toilets and parking
- Are able to perform mammograms on women seated in their wheelchair. It is easier to do the mammogram if the arm rests of the wheelchair are removable
- The mobile breast screening units are not wheelchair accessible

Cost: Free screening for women 40 years and over, every 2 years.

6) BreastScreen NSW Greater Southern – 3 sites

Address:

Calvary Hospital – 32 Hardie Ave, Wagga Wagga NSW 2650

Griffith Base Hospital – Noorabar Ave, Griffith 2680

Albury Base Hospital - Borella Rd, Albury 2640

Phone: (02) 5908 1200

Information:

- Wheelchair accessible building and toilets at all three fixed sites
- Able to perform mammograms in the seated position in the Wagga Wagga, Griffith and Albury sites
- Clients are asked to please book a double appointment and let staff know of your needs. Two radiographers will be made available to assist with positioning
- The outreach van is unsuitable for wheelchairs users

Cost: Free screening for women 40 years and over, every 2 years.

7) BreastScreen NSW Greater Western – 4 sites

Address:

Dubbo – McGuinn Drive, Dubbo NSW 2830

Orange – 129 Sale St, Orange NSW 2800

Broken Hill – Broken Hill Health Service, 176 Thomas St, Broken Hill NSW 2880

Bathurst – Bathurst Base Hospital, Howick St, Bathurst NSW 2795

Phone: 13 20 50

Information:

- All 4 sites are wheelchair accessible with toilets and parking.
- Able to perform mammograms on women in a seated position – please bring carer to assist with positioning if required
- There is an outreach van which travels to 30 remote sites in GWAHS over a 2 year period. It is fitted with a hydraulic lifter and is able to perform mammograms for wheelchair users. Advertising for the clinic will occur 3 months prior to the visit to town

Cost: Free screening for women 40 years and over, every 2 years.

8) BreastScreen NSW South Eastern Sydney Illawarra

Address: St. George Hospital, Kogarah 2217

Phone: 13 20 50 or direct line (02) 9113 4075

Information:

- Wheelchair accessible premises including toilets and car parking.
- Able to perform mammograms on women in a seated position – please bring a carer if you require help with positioning.
- Service requests that you please book a double appointment and let them know of your needs

Cost: Free screening for women 40 years and over, every 2 years.