



# Ferguson Lodge

Supported accommodation for  
people with spinal cord injury



**ParaQuad**

Paraplegic & Quadriplegic Association of NSW

Supporting people in our community

# Welcome to Ferguson Lodge

We have been part of Lidcombe since 1979, providing community based accommodation and support for people with spinal cord injury.

Whether you are looking for transitional, short stay or permanent accommodation, Ferguson Lodge offers freedom and lifestyle choice together with a high level of personal and clinical care.



Situated within the Botanica residential estate and well served by transport, Ferguson Lodge supports you to establish links with the local community, maintain good health and exercise choice about how you wish to live.

With 24 private rooms and 10 villas in landscaped grounds, Ferguson Lodge offers community yet privacy when you want it.

Please contact us on (02) 9646 3711 or [accommodation@paraquad.org.au](mailto:accommodation@paraquad.org.au) to discuss your particular needs or to arrange a time to visit.

We look forward to welcoming you to Ferguson Lodge!

'I was living by myself and needed someone to look after me. Being here makes it alright'.

-W, RESIDENT OF THREE YEARS



## Permanent Accommodation

Ferguson Lodge offers permanent accommodation in fully furnished, individual bedrooms each with own private ensuite bathroom.

Your care will be provided 24 hours per day by our team of registered nurses and personal care assistants, all of whom are trained in spinal cord injury care. Other services include access to visiting allied health staff as well as ParaQuad's Clinical Services team. Our Support Coordinators can assist you in managing NDIS plans and preparing for plan review.

Each room provides:

- Electric Hi-Lo bed
- Split system air-conditioning

- C-Bus system to control electronic devices
- Flat screen television
- Mini fridge
- Desk, built-in wardrobe
- Internet connection (own cost)

You have the freedom to come and go as you wish. Many of our residents have enjoyed working and travelling around Australia. We have two community buses that are kept busy taking residents, their family and friends to various events.

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*'The independence is great. You can go where you want, come home when you want...the food is good, the company's good and the staff are excellent. The 24 hour nursing is great.'*

- JOHN, RESIDENT

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## Transitional Accommodation

Spacious, fully furnished villas provide independent living while modifications are being made to your home or while waiting for an accessible permanent home.

Support to find permanent accommodation is provided by our Transitional Accommodation Liaison Officer.

You are welcome to share the villa with your partner, family, children or friends. With an enclosed grassed courtyard leading from the open plan living and dining, pets are safe and welcome.

Two of the villas can accommodate people who use ventilators, with extra circulation space and power outlets.

Each of the self-contained villas features:

- Two bedrooms with electric Hi-Lo beds, built-in wardrobes and bedside tables
- Carport with direct access; automatic front door with swipe card access
- Emergency call system
- Ensuite bathroom (shared between bedrooms)
- Electric Hi-Lo beds and hoists
- Flat screen television
- Fully equipped kitchen
- Fully equipped laundry with second toilet

You may prefer to purchase meals from Ferguson Lodge when you don't feel like cooking. Laundry services may also be purchased.

### What if I need extra help?

All transitional residents are required to provide and manage their own care and must have care services as part of their NDIS, iCare or other funding plan. It is possible to purchase care services from ParaQuad, in addition to nursing care, if required. All villas are equipped with an emergency nurse call system for extra peace of mind. Our Transitional Liaison Officer will be pleased to assist you with any concerns or enquiries on 02 9646 3711.



## Short Term Accommodation

We have options to help you when needing a period of care, have carers away or perhaps are visiting Sydney for holiday or appointments.

Depending on your needs, short term accommodation may be provided in either the main Ferguson Lodge building or in one of our villas. 24-hour per day care is provided in the main building by our registered nurses and personal care assistants. We can help you check whether such care is included in your funding.

Short term accommodation may be anything from a weekend to a few weeks. Depending on your funding, up to 28 days per year of short term stay may be available. Please don't hesitate to contact us if you need to discuss your funding and eligibility.

When staying in one of the villas, you must also provide and coordinate your own care needs; however may purchase care services from ParaQuad if you wish. You may also access services such as meals, laundry, and nursing for a fee.

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*'I know that if I'm out and I have a problem, I can be back here in five minutes and it won't become a major problem. You wouldn't get that anywhere else.'*

- B.B., RESIDENT

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# Lifestyle and Wellbeing



Ask our residents what they love about Ferguson Lodge, and one thing is always near the top of the list – the food!

Chef Jody creates a

beautiful, seasonal menu which changes daily, with much of the vegetables, herbs and fruit coming fresh from our own gardens.

A physiotherapist visits fortnightly to assist residents with exercise and conditioning in a specially equipped gym.

Other allied health services may be provided for you, and arranged on an individual basis once a referral is made.

## Transport

Ferguson Lodge is approximately 6kms from Lidcombe shopping centre which has the full range of shops and amenities. Accessible buses travel from the bus stop in Main Avenue to Lidcombe train station, which is fully accessible. From Lidcombe, it's easy to travel by train to Parramatta, the city, the inner west. Sydney Olympic Park is one train stop away and hosts regular events.

Our accessible Hiace van is available for hire for residents and their families and friends.

*'It suits me. I went to work, I travelled overseas. You can come and go as you please.'*

- B.B., RESIDENT



# How will my accommodation be funded?

NDIS and NIIS funds\*, as well as other insurance schemes, can be used for accommodation at Ferguson Lodge. The funds must be part of your plan or in accordance with your funding body's processes. We also accept self-funding residents. Please contact us to discuss all costs involved in accommodation.

## Permanent and Short Stay (Full Care)

The funds paid cover your accommodation, all personal and nursing care, meals, laundry, access to the gym, maintenance and cleaning. Either you or your funding body is responsible for the cost of medications, continence aids and devices and wound dressings. You must also supply your own specialised mattress if required, commode and wheelchair.

## Transitional and Short Stay (Villas)

Tenants living in villas are required to pay four weeks' bond and two weeks' rent prior to arrival. Rent covers maintenance, power and rental. Other costs are covered by you or your funding body, including personal and nursing care if required.

You do need to have a discharge destination confirmed prior to entry to transitional accommodation.

If you are an NDIS participant and do not currently have adequate funding for accommodation, and are considering future options, be sure to discuss this at your next plan review. Remember you can ask for a re-assessment in cases of changed circumstances.

## What do I do next?

If you are interested in accommodation at Ferguson Lodge, please contact our Accommodation Manager on 02 9646 3711 or [accommodation@paraquad.org.au](mailto:accommodation@paraquad.org.au) to discuss your needs.

You are more than welcome to visit us for a tour of Ferguson Lodge; please call ahead of time to arrange. Before admission, we'll ask you to send in an Expression of Interest form, which you can find on our website: [www.paraquad.org.au](http://www.paraquad.org.au)

\*for example, iCare

# Contact us:



PEER SUPPORT/NDIS  
INFORMATION LINE  
**1300 66 28 22**



CLINICAL SERVICES  
(OCCUPATIONAL  
THERAPY, NURSING,  
SOCIAL WORK)  
**(02) 8741 5689**



BRIGHTSKY HEALTHCARE  
PRODUCTS AND  
EQUIPMENT  
**1300 88 66 01**



PERSONAL CARE SERVICES  
**(02) 8741 5602**



ACCOMMODATION  
**(02) 9646 3711**

**Head Office**  
6 Holker Street, Newington NSW 2127  
PHONE (02) 8741 5600

**Ferguson Lodge**  
10 College St, Lidcombe NSW 2141  
PHONE (02) 9646 3711  
Email: accommodation@paraquad.org.au

**Northern Region**  
27 Veronica Street, Cardiff NSW 2285  
PHONE (02) 4969 6388

Interpreter Service: 131 450

National Relay Service: 133 677  
(for the deaf, hearing or speech  
impaired) TTY/Voice

SSR (Speak and Listen): 1300 555 727

[www.paraquad.org.au](http://www.paraquad.org.au)

[www.brightsky.com.au](http://www.brightsky.com.au)